



# Tri-County Soccer Association

## Return to Play Declaration

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### COVID-19 - Health and Safety Guidelines

\_\_\_\_\_, ('Club/Association', or the 'organization'), will be working with and following all guidelines that are in effect with **Alberta Health Services (AHS)**, **Alberta Soccer Association (ASA)** and **Canada Soccer Association (CSA)** and be in general compliance with the conditions/requirements under the **Alberta Soccer Return to Soccer - General Guidance**.

#### **Informed Consent**

- Prior to participating, all participants must be made aware and acknowledge the possibility of risk with COVID-19, sign the "**Declaration of Compliance - COVID-19**" and **Informed Consent and Assumption Risk Waiver** and receive communication about appropriate hygiene measures.

#### **Health Check**

- Health Checks for symptoms must be completed prior to every session, including coaches, officials, trainers, managers, and players as per a "**COVID-19 Alberta Health Daily Checklist**" to ensure participants are not experiencing any symptoms.
  - A representative of the organization (a responsible person over the age of 18) will be present at each event to conduct/verify the health daily checklist has been performed with each player and to take temperatures.
    - The AHS Online COVID-19 Self Assessment for Albertans Tool may be used:  
<https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>

#### **Contact Tracing**

- Contact Tracing Logs will be kept securely for a minimum of 4 weeks and then safely disposed.
- The organization will appoint a primary point of contact for the purposes of communicating and contact tracing to AHS
- **All members of Alberta Soccer are expected to fully cooperate with AHS Contact Tracers.**

#### **Response Plans**

- The organization will have in place a **Rapid Response Plan** and a **Positive Case Response Plan** (see the associated sections within ASA Return to Soccer General Guidance)
  - If an individual is exhibiting symptoms related to COVID-19, they must be sent home immediately as per the organizations Rapid Response Plan.
- A First Aid Kit and PPE (mask and gloves) must be immediately at hand and available if first aid treatment or a participant is required and minimum 2 metre social distancing cannot be maintained.
- If someone has or displays COVID- 19 symptoms, get tested, and follow [mandatory isolation requirements](#) while waiting for results. If are sick, you must stay at home.
- If Tri-County and/or Alberta Soccer is notified of a positive case, Tri-County District may, at its sole discretion, suspend club and/or district activities.

#### **Distancing Measures/Spectators**

- Grids, or boxes, will be painted, lined or marked with pylons on the fields to visually assist participants in maintaining the minimum two (2) metre physical social distancing in all activities.

- For safety reasons, parents may be asked to remain nearby in vehicles and/or designated areas. Designated areas must adhere to Spectator & Gathering restrictions.
- Outdoor spectators are limited to outdoor social gathering restrictions.
  - Outdoor social gatherings are **limited to 10 people maximum** and must not have an indoor component.

### **Hygiene/Infection Prevention Measures**

- Any participant must only participate in one group of 10 (under 8+2 Return to Train Guidelines).
- All equipment (balls, etc) will be sanitized before & after each practice.
- Hand sanitizing practices are to be implemented at all water breaks and before and after activities.
- There are to be **NO** shared personal items.
- Players are not to touch the ball with their hands.
- All players must bring their own individually labelled water bottles.
- Players should sanitize their soccer shoes/cleats once at home.
- NO car pooling with anyone out of your household.

### **Restrictions**

**Where there is question between, or in application of, ASA General Guidance and District restrictions, District restrictions may exceed General Guidance and shall take precedence.**

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Representative Name & Signature

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Date